

Welcome to ROMI

RURAL OUTREACH AND
MENTORSHIP PROGRAM



WHO ARE WE?

We are a diverse team of medical students from all around Canada who have come together with a single purpose: to support youth living in rural and remote communities!



WHAT DO WE DO?

- Connect you with a mentor in medical school to answer all of your questions
- Introduce you to careers within medicine and healthcare
- Host group workshops to help with academic skills and career advice
- Provide you with insight into the application process for medicine and the everyday life of a medical student
- Share experiences about the transition from high school to university
- Provide an opportunity to socialize during the COVID19 pandemic



WHAT DO YOU NEED TO DO?

- **Meet with your mentor once every two weeks or once a month** (approximately 30 minutes) on a platform (Zoom, phone, google hangout) that you and your mentor agree on.
- **Meet with your mentor at least once a month for 7 months** until the end of 2020. You will have an opportunity to continue the program after this if you are interested.
- **Attend scheduled group activities** with the option of meeting with your mentor individually afterwards.



WHAT KIND OF GROUP ACTIVITIES CAN YOU EXPECT?

- Interprofessional Healthcare Professionals Panel
- Careers within Medicine Panel
- Panel of students from different post-secondary institutions
- Resume and Study tips



REACH OUT TO US!

Please email romi.mentee@gmail.com with any questions!

